

## Percentage disturbed sexuality and/or intimacy

<b>CVA</b>	<b>stroke</b>	<b>60%</b>
<b>TBI</b>	<b>traumatic brain injury</b>	<b>60%</b>
<b>CP</b>	<b>cerebral palsy / paresis</b>	<b>50%</b>
<b>SCI</b>	<b>spinal cord injury</b>	<b>100%</b>
<b>Spina bifida</b>		<b>50-90%</b>
<b>MS</b>	<b>multiple sclerosis</b>	<b>60-80%</b>
<b>Neuromuscular disease group</b>		<b>70%</b>
<b>DM</b>	<b>diabetes</b>	<b>30-50%</b>
<b>Parkinson disease</b>		<b>70-80%</b>
<b>Epilepsia</b>		<b>40-50%</b>

**physical  
impairment**

stroke

vascular

neuromuscular  
disease

multiple sclerosis

chronic  
disease

amputated  
limb(s)

DM

cerebral palsy

spina  
bifida

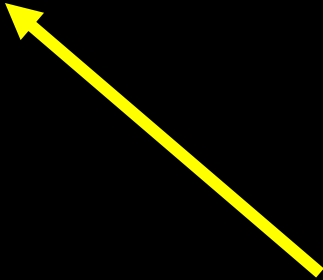
traumatic brain  
injury

spinal cord injury

birth trauma

congenital

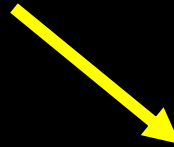
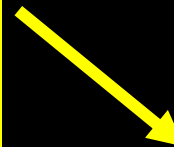
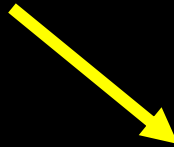
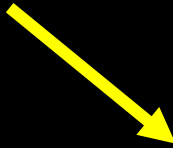
accident

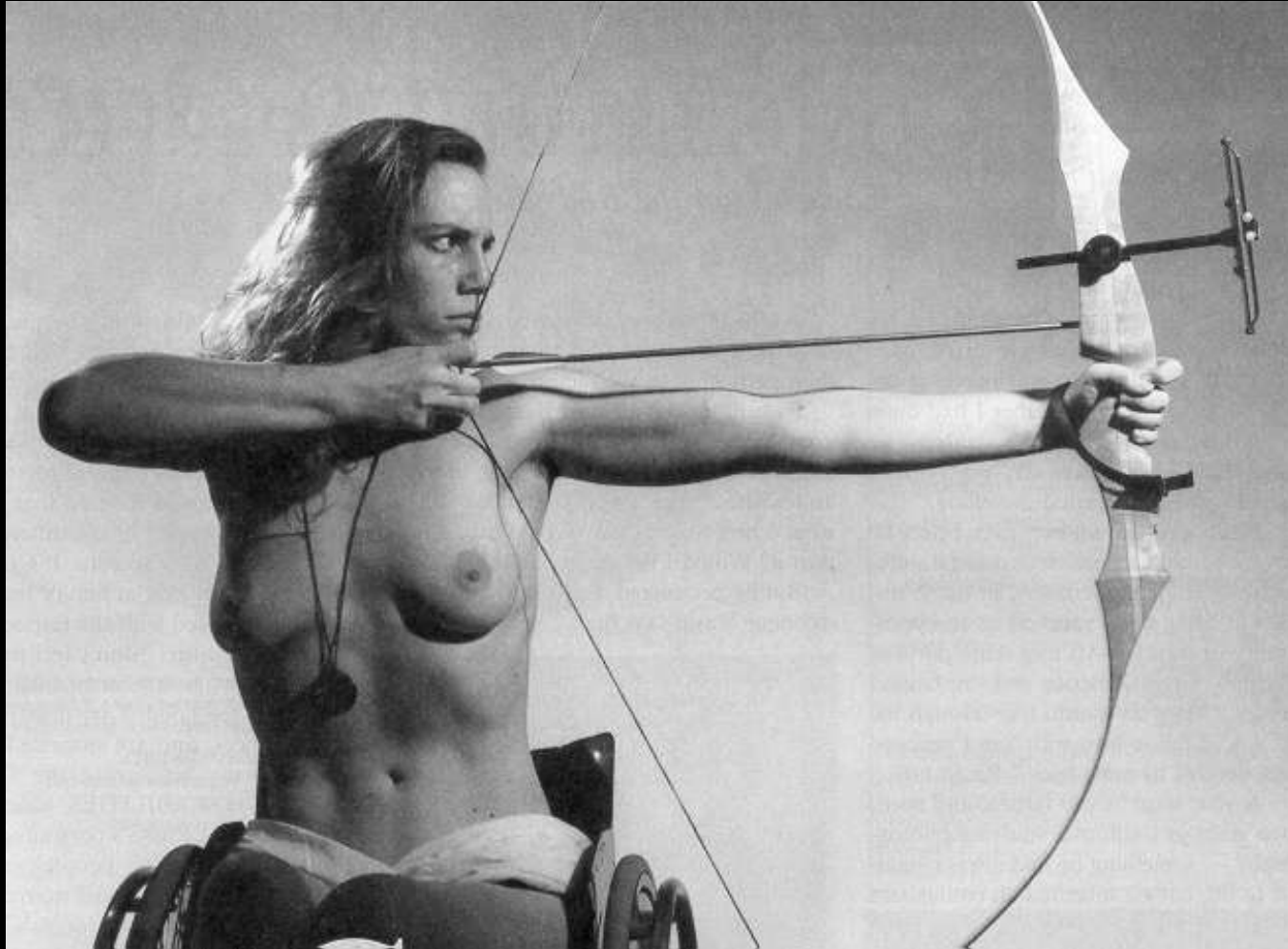


**physical  
impairment**

**disability**

**handicap**







## Case history:

- **Anne** (53 yrs) is married with **John**.
- One year ago Anne had a stroke. Since then she has hemiplegia, and disturbed speech. Talking is slowly and monotonous and she regularly has trouble finding the right words.
- She is seen by a speech therapist.

**Case history** : Anne (53 yrs) married to John.

- Since the stroke she feels failing towards John. In the past she told him erotic stories. That was an important aspect of their lovemaking and an excellent way to arouse her husband.
- However, now she doesn't succeed to find the right words and the right tension in her voice. Now, John regularly loses his erection. And so, Anne feels very guilty.

**Imagine to be their / her therapist.**

**Please take 3 minutes to discuss possible solution(s)**

Jacob (27 yrs).

At age 15 Jacob had a malignant brain tumor.

The tumor could be removed completely.

But since then Jacob has to live with serious physical impairment. He has hemiplegia and he needs daily care.

His voice is barely understandable.

Intellectually he functions excellent. He translates Polish literature books into Dutch.

He has accepted that he most probably will never find a suitable partner.

He can satisfy his sexual needs with imagination, internet and a vibrator, but he really is in need of intimacy.

His deepest wish is to be naked with a woman and feel her breasts.

Please take 3 minutes to discuss possible solutions.

## Johannes (27 yrs).

Same story. Brain tumor at age 15.

Tumor removed completely.

Serious physical impairment. Hemiplegia, needs daily care.

His voice is barely understandable.

Intellectually he functions excellent.

He has accepted that he will not find a suitable partner.

Imagination, internet and vibrator relieve the physical tension.

Johannes craves for some physical intimacy.

However, being gay his deepest wish is to be naked with a man.

Please take 3 minutes to discuss possible solutions.

In how far will your approach be different between the case of Jacob who is hetero and Johannes who is gay?

**Child**

**puberty**

**Adult**

**dependent**

**autonomy**

**school**

**work**

**pocket money**

**salary**

**life is family centered**

**life is peer centered**

**no sexual relationship**

**adult sexual life**

**Learning skills**

**Child + CP**

**transition**

**Adult + CP**

**dependent**

**autonomy**

**school**

**Learning skills.  
Learn dealing  
with limitations!**

**work**

**pocket money**

**salary**

**life is family centered**

**life is peer centered**

**no sexual relationship**

**adult sexual life**

**Child rehab services**

**adult rehab services**

# Disturbing items as cause AND as maintaining factor

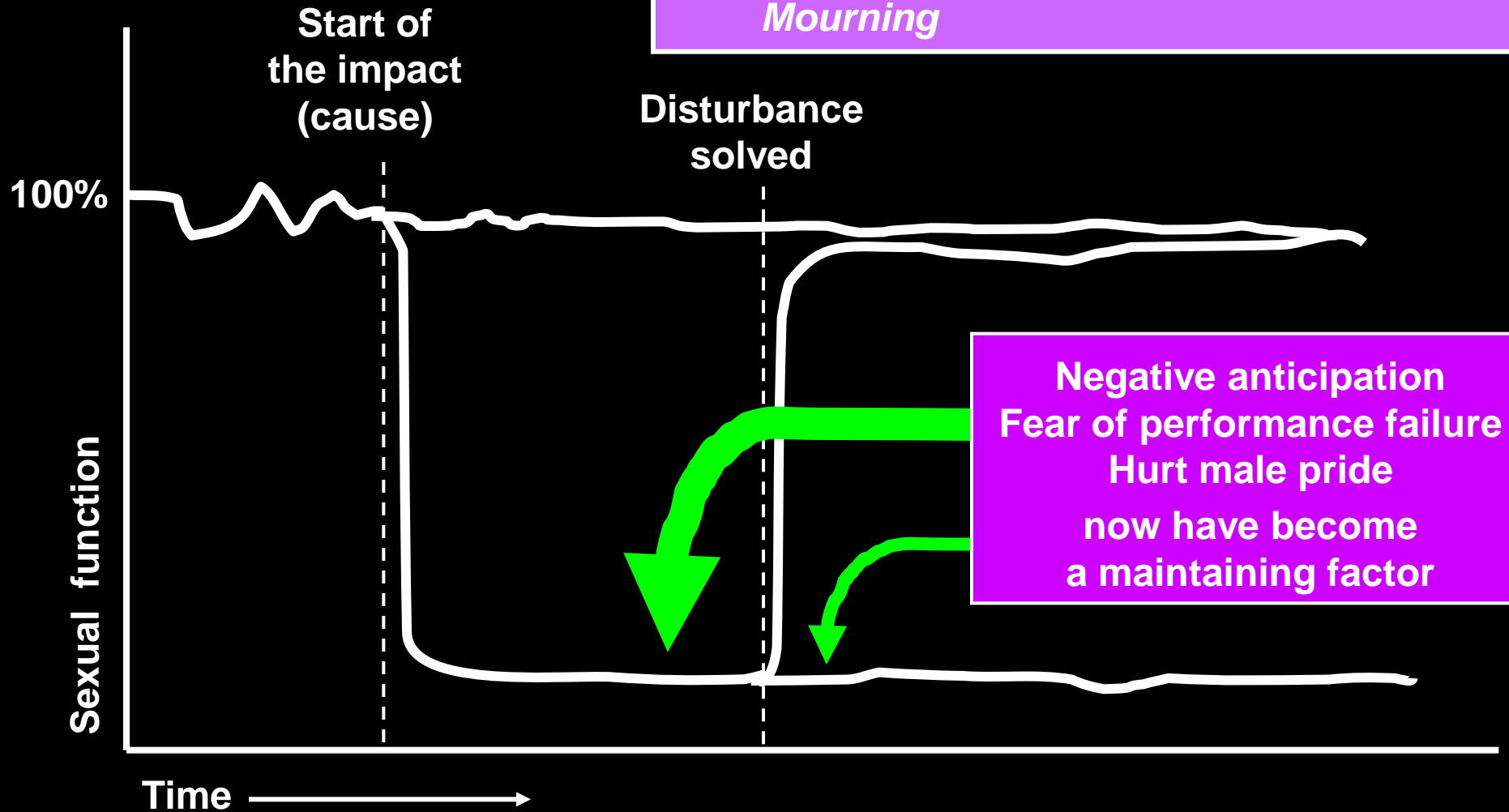
## Examples :

Medication

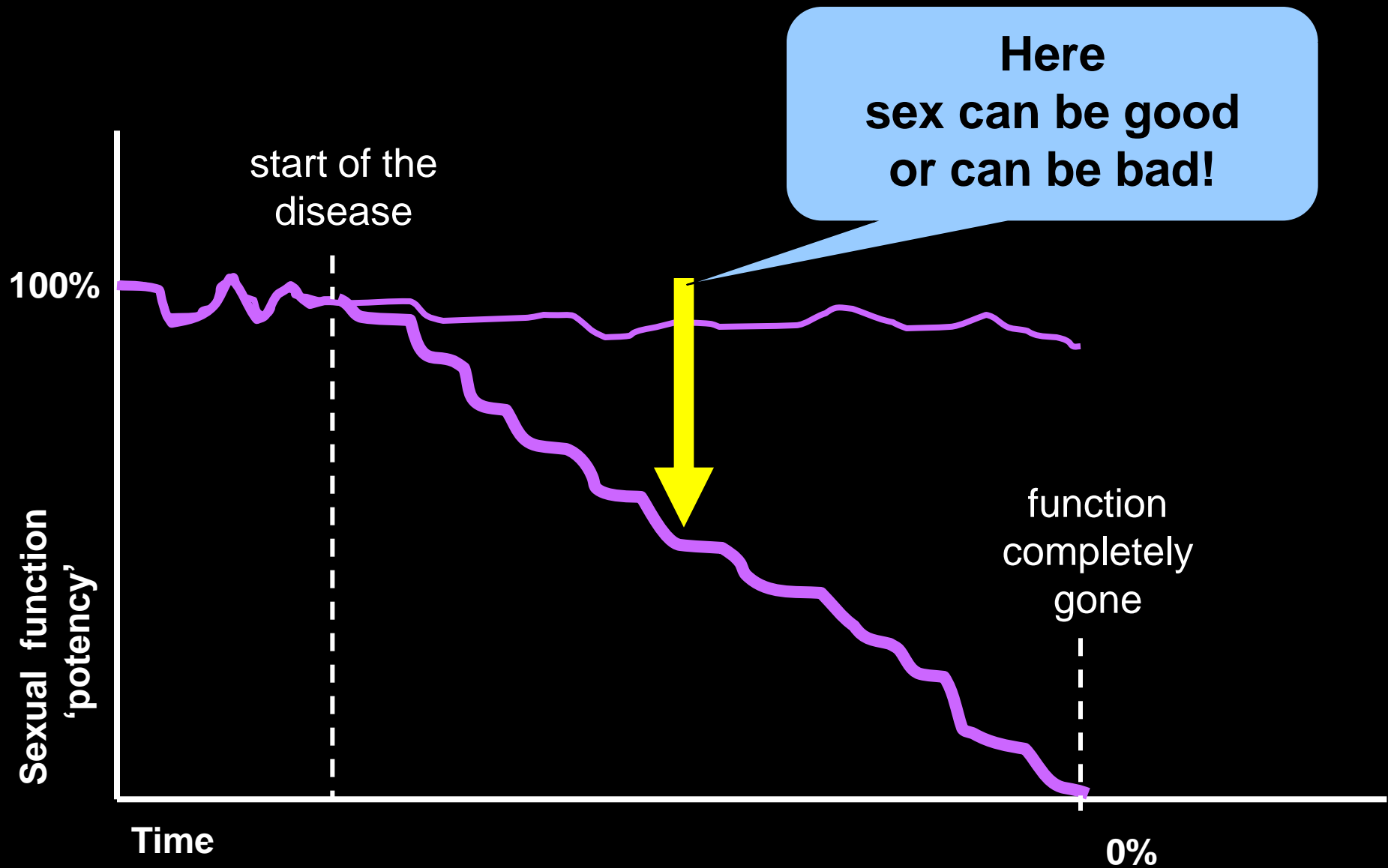
Pain

Shock phase (for instance after stroke)

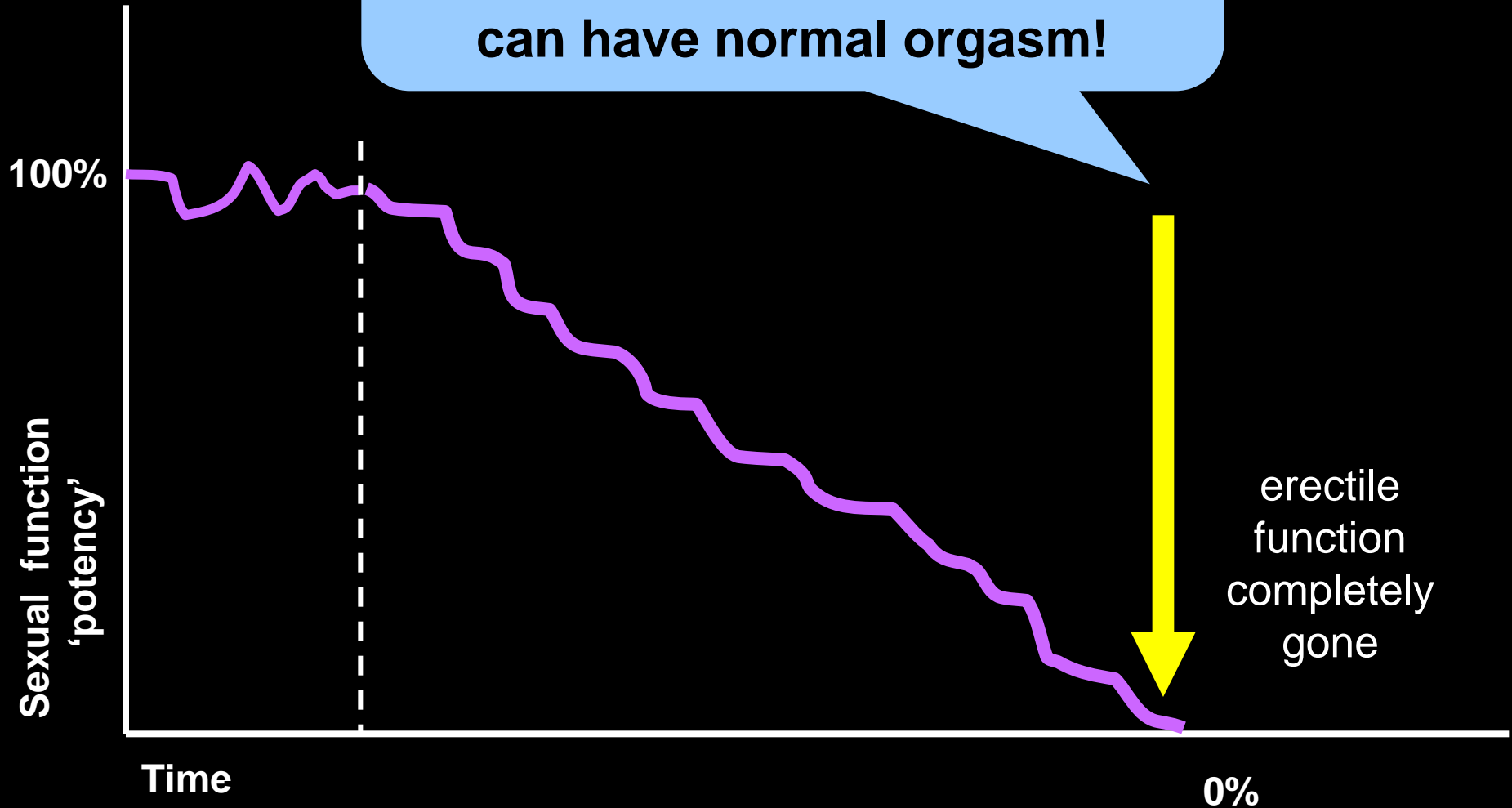
Mourning

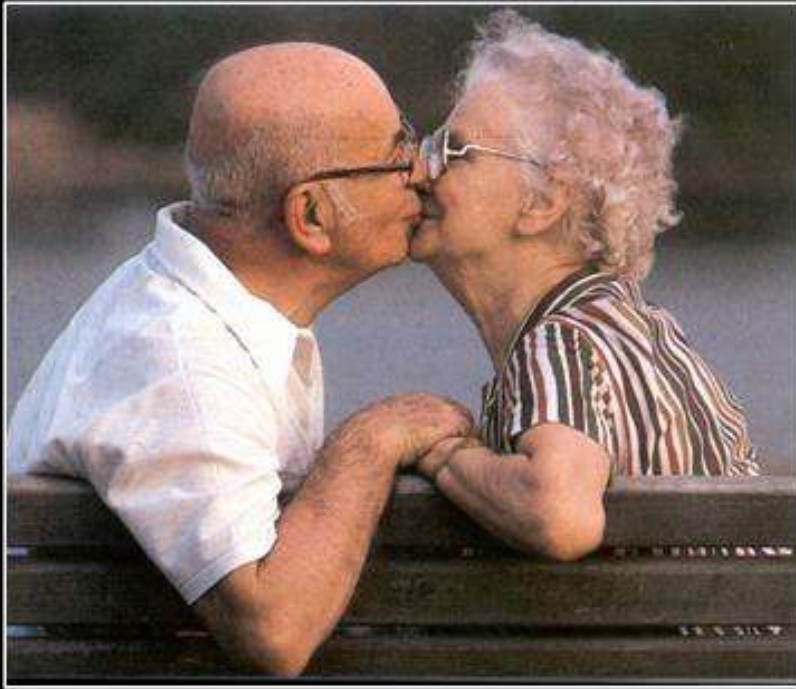


# *DM & ED as a process*



**Be aware!**  
**Even without erection,**  
**most men with diabetes**  
**can have normal orgasm!**

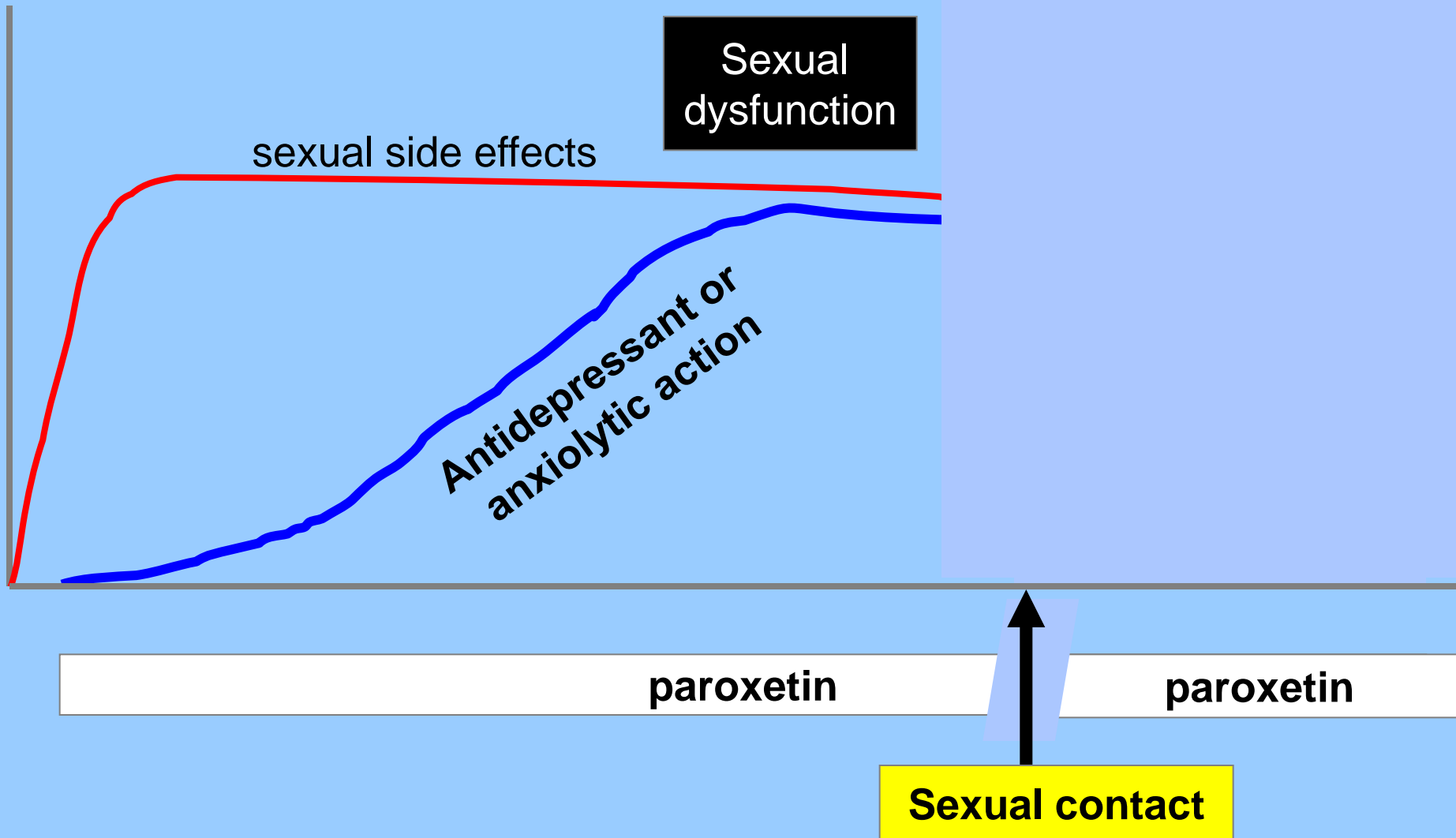




***Age does not protect you from love.  
But love, to some extent, protects you from age!***

***Jeanne Moreau  
(born 1928)***

# Pré-sexual drug-free interval (weekend drug holiday)







**Thank you**

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